

HIMALAYAN VOICE



ICA Nepal's newsletter

April-September 2016



With the fresh festive vibes, ICA Nepal welcomes you all to yet another issue of our newsletter which highlights the accomplishments along with several challenges of ICA Nepal in these 6 months. In these months, ICA has surely touched many new dimensions to create impact whereas worked hard to maintain and re-flourish its old sites.

These six months we had it all: from trainings to facilitations to community

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works.

ICA

Nepal reached for various marginalized groups to isolated communities of far west bringing smiles in lot of communities. We got chance to welcome various international expertise within these month. So, we can say these were some of the best months ICA had in terms of its capacity development and gaining.

Project “Renovation of Community learning center in Changunarayan for vulnerable people of disasters”

Major outcomes in the six month

1. *80% of the renovation of learning center completed except few modification in kitchen and ground floor*
2. *Over more than 300 community people provided with psycho-social support for Coping with disasters*
3. *Over more than 100 children and elderly citizens provided psycho-social support through art workshops and interaction programs*
4. *Ten women trained on Income generation and entrepreneurship through training on low cost sanitary napkin production.*
5. *More than 90 people provided with Community rehabilitation training by Ms. Shizuyo Sato*
6. *ICA Nepal project staffs and team provided with TOT on Coping with disasters by Mr. Yoshimasa Tebayashi, certified psychologist from Japan.*
7. *Playground for children is in process of construction through volunteer's mobilization at Changunarayan*



Learning center after renovation

The project, being supported by MOFA, Japan and ICA Japan through Embassy of Japan, Nepal officially started from April. Along with the renovation of learning center as the major focus, various programs and training were organized for the Psycho-social support for victims of earthquake. The project started from May when Mr. Hirsohi Komatsu joined as a project coordinator in ICA Japan. In these six months, 80% of renovation, several psycho-social recovery programs and low cost sanitary napkin production training has been successfully carried out.



Psycho-social support program to Changunarayan community



Psychosocial support program to elderly citizens

Social Artistry trainings



Social Artistry training to teachers of Nepal Teachers association

capacity and understanding and developing social artistry qualities. The tools for four different levels of psyche was used in each training which helped participants on understanding about the level of mind and ways to enhance their capacity through proper thinking and dealing with problems

The May of 2016 in ICA Nepal was completely dedicated on developing social Artistry in Nepal among various groups. Ms. Janet Sanders and Ms. Evelyn Philbrook came to Nepal and provided numbers of Social artistry training to People with disabilities, youth and teachers.

Similarly Advance level of Social Artistry training was provided to the SA trainers in Nepal. The objective of training was on developing innate human

	Training list	Date	Venue	No. of Participants
1	Training for teachers of KCC	7th -8th May	KCC college	32
2	Training for PWDs	10th -11th May	NTA Hall Kumarihatti	25
3	Training Design (Day 1)	13th May	ICA Nepal	17
3	Training for Youth/ Rotaract	14th May	alfa-beta	35
4	Training for Rotarians on Women Empowerment	15th May	alfa-beta	35
5	Training Design(Day 2)	17th May	ICA Nepal	17
6	Training Design (Day 3)	18th May	ICA Nepal	17
7	Training for teachers Association	20- 21st May	NTA hall kumarihatti	30



Participants in Social artistry training for people with disabilities



Social Entrepreneurship development with EcoBling at Bocha,Dolakha

The team of EcoBling from Australia which works for upcycling waste materials for making jewel pieces collaborated with ICA Nepal and came for their scoping trip on June. Together ICA Nepal team and EcoBling went Bocha Dolakha where community people were trained on making beads from the earthquake rubbles. This puts ICA Nepal in headway to develop entrepreneurship.

Empowering local communities in far-west through facilitative leadership training



As a part of three years project “Empowering local communities and strengthening the civil societies by facilitative participatory planning and community development activities” being conducted in far and mid west of Nepal with the support of MISEREOR, series of community development training, leadership development training and Training on trainers have been conducted. The very much recent update from the project is series of Training of trainers on HIV/ AIDS, local waste management and gender and development were conducted in this September. Similarly, various training to the community people of Gender and development, micro enterprise development, environment friendly construction etc were conducted. The project aims to buildup capacity among mid and far west community through different life skills development programs.

Women Empowerment at Thuloparcel



ICA Nepal in collaboration with Rotary club of Rudramati and Rotary Club of Denver Mile High has been working in Thuloparcel village of Kavre district for empowering the socio-economic status of women. The women were provided with various trainings such as Lapsi candy making, ginger and cardamom farming,sewing knitting and online marketing

training. Recently a team of ICA Nepal and Rotary Club of Rudramati got back from Thuloparcel where rhe sewing knitting training along with online marketing training was provided. Also, the Rotary Community corps(RCC) were formed and an official office has been opened there.



Training to Rotary Community Corps

A three days long residential training to Rotary community corps (RCC) was conducted in Changunarayan from 30th July-1st august. The training was provided to RCCs of 5 districts namely Khatrithok from Sindhupalchowk, Bocha from Dolakha, Archale from Nuwakot, ThuloParcel from Kavre and Changunaryan from Bhaktapur. total of 30 participants participated in the training in where they mostly learned about rehabilitative measures and on building their model village. On the third day, many veteran Rotarians joined the program and shared their experiences and views. The training was a huge success as participants shared they had very significant learning about community development.

Raising fund to provide an Ambulance to Archale

ICA Nepal started a fundraising campaign to provide ambulance to Archale village of Nuwakot district from September 19th 2016. The campaign was a part of Global giving accelerator training. It was a good learning about crowd funding methodologies and digital funraising. ICA Nepal hopes to reach new dimensions through online fundraising and work for global benefit in days to come.

Renewed member of CIVICUS

ICA Nepal renewed its membership as a voting member of CIVICUS this September. With this renewed alliance, ICA Nepal gets a very good platform to work for Civil societies organizations and their strengthening. Interested civil society organizations can contact ICA Nepal to be the member of CIVICUS. ICA Nepal looks forward on contributing to grassroots civil societies organization through this platform.

Visits to Sindhupalchowk, Nuwakot and Dolakha

On the month of August, ICA Nepal conducted series of visit to the neighbouring villages of Kathmandu which were severely affected by the earthquake in 2015. The villages like Khatrithok of Sindhupalchowk, Archale of Nuwakot and Bocha of Dolakha were visited. Experts from Japan like Ms. Shizuyo Sato, Mr. Okoshi Tosio and Mr. Yoshimasa Tebayashi also joined in the visit.



ICA Nepal wishes everyone a very

Happy Bijaya Dashami and Tihar 2073

May you be blessed with profound happiness, peace and prosperity

Institute of cultural Affairs (ICA) Nepal

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